

HISPANIC HERITAGE FOUNDATION AND THE UNITED STATES MARINE CORPS HOST “BODY, MIND AND SPIRIT”™ SEMINARS IN NEW ORLEANS, OAKLAND AND DETROIT

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Washington, DC - The Hispanic Heritage Foundation (HHF) and the United States Marine Corps will host Latinos On Fast Track (LOFT) Body, Mind & Spirit Seminar in New Orleans, Oakland, and Detroit (see below for full address, date and time). The seminars are free for junior and senior high school students, teachers and parents, and will focus on finding a healthy balance when dealing with the pressures of school, life and their futures as well as how to be better leaders in their school and community. The program will feature a panel of wellness professionals and college students; an interactive presentation/workshop on leadership conducted by the Marine Corps; career paths, resources and opportunities available for Latinos to achieve and maintain healthy Body, Mind & Spirit; and sponsor giveaways/raffle for attendees.

New Orleans: April 24th, 8:00am-11:00am, Tulane University – Lavin Bernick Center for University Life- Kendall Cram Lecture Hall, 201 Boggs New Orleans, LA 70118

Oakland: April 26th, 10:30am-1:30pm, Mills College, Student Union- Rothwell Center, 5000 MacArthur Blvd. Oakland, CA 94613

Detroit: May 2nd, 7:30am-10:30am, Wayne State University, Student Center- Ballroom, 5221 Gullen Mall. Detroit, MI 48202

“We are thrilled to partner with the Marine Corps to provide our youth with guidelines, resources and role models that will help provide a healthier and more productive path as they go forward in their education and careers,” said Jose Antonio Tijerino, President and CEO of the Hispanic Heritage Foundation. “Wellness and leadership are often overlooked goals under the pressures of academics and life in general. The Marines and HHF want to put wellness and leadership front and center.”

"Effective leadership is a fundamental principle to the United States Marine Corps and it is always great to cultivate those skills with young adults. We are excited about our relationship with Hispanic Heritage Foundation and the opportunity to lead an interactive workshop with participating students, especially high achieving youth, to enable them become better leaders," said Lieutenant Colonel Brian Proctor, Assistant Chief of Staff - Diversity, Marine Corps Recruiting Command.

About Hispanic Heritage Foundation

The Hispanic Heritage Foundation – a nonprofit established by the White House in 1987 – inspires, prepares, and connects minority leaders in the classroom, community, and workforce to meet America’s priorities. HHF also promotes cultural pride, accomplishment, and the great promise of the community through public awareness campaigns seen by millions. HHF is headquartered in Washington, DC, and Los Angeles with satellite workspaces in New York, Silicon Valley, San Antonio, and Miami (Visit www.HispanicHeritage.org).

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WHEN : 2017-04-21 07:29:52

WHERE :

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